



# Your Healthy Pet Guide

## YOU KNOW HOW SPECIAL YOUR PET IS

Whether it's an old dog, a young cat, a furry rabbit or a rare bird, pets are our friends, our family, and for many, the love of our life. So keep them safe and healthy with these tips.



- 1.** Have an annual checkup at the vet.
- 2.** Keep their recommended vaccinations up to date.
- 3.** Check their teeth often for decay and gum disease.

**4.** If you suspect ill health, make notes to discuss with the vet.

**8.** Go for long walks with your dog. You'll both benefit.



Play games often.

**9.** Never leave your pets in a hot car.

**6.** Don't scrimp on pet food. Buy the best you can afford.



Consider buying pet insurance if it fits your needs.

**7.** Hold back table scraps. Pets can have allergies to some foods.

# Traveling with Pets



Make sure that taking your pet along is best for your pet. Not all pets enjoy a change of scenery or a cousin's wedding.



## IN THE CAR:

- A crate, anchored to a seatbelt in the back seat, is the safest place for both a dog and cat.
- Front-seat airbags can injure a small animal.
- Loose animals can distract the driver and injure themselves in sudden stops.
- Stop often to take your dog for a walk.
- Bring a friend to help with pet care on long trips.
- Consider a collar tag with your cell number and destination address and always use a leash.

## Never leave a pet locked in a car with the windows up. If you see one:

- Note the model, make and license and ask local businesses to make an announcement.
- If the owner can't be found and the pet is in distress (panting, vomiting, drooling, deep red or purple tongue, unresponsive), call the police immediately.
- For a pet in distress, apply cool (not cold) water all over his body and place cool towels on the back of the neck, armpits and groin area.
- Offer cool water to drink, but don't force it.

Questions about the PetCARE TV Wallboard Program? Contact us at 800-955-2159 or email [petcaretv@hmnads.com](mailto:petcaretv@hmnads.com) [www.hmnads.com](http://www.hmnads.com)



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